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Every Kid.  
Every Day.

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*Contact me!*

Please reach out if you have any questions or want to connect.

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## Meet the School Counselor

Welcome back to a new school year! My name is Mrs. Barrett & I'm your student's School Counselor.

As a School Counselor, I perform the following roles to promote positive development in academic, career, and personal/social domains.

- Classroom Counseling Lessons
- Small-Group Counseling
- Individual Counseling
- Attend & participate in academic and behavior intervention meetings.
- Consult & collaborate with parents, teachers, administrators & students.
- Respond to school crises or emergencies.
- Provide information & resources to parents on a variety of issues.

Email is the best way to contact me!

## Who are School Counselors?

School counselors are certified/licensed educators who improve student success for ALL students by implementing a comprehensive school counseling program.

## What is a School Counseling Program?

School counselors work to maximize student success, promoting access and equity for all students. As vital members of the school leadership team, school counselors create a school culture of success for all.

### **School counselors help all students:**

- Apply academic achievement strategies
- Manage emotions and apply interpersonal skills
- Plan for postsecondary options (higher education, military, work force)

### **SCHOOL COUNSELOR QUALIFICATIONS**

- Hold, at minimum, a master's degree in school counseling
- Meet the state certification/licensure standards
- Fulfill continuing education requirements
- Uphold ASCA ethical and professional standards

## What are Classroom Counseling Lessons?

Each week the School Counselor teaches in all classrooms, K-8th grade. During our 30-50 minute lessons, we accomplish various things! Each month a topic will be covered in your student's classroom. Some of those topic examples include honesty, respect, responsibility, social skills, study skills, career awareness, etc. Each lesson is designed to be engaging and allows students to build a positive classroom community. If you have any questions, please don't hesitate to reach out.

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## The School Counselor's Role

School counselors design and deliver school counseling programs that improve student outcomes. They lead, advocate and collaborate to promote equity and access for all students by connecting their school counseling program to the school's academic mission. They uphold the ethical and professional standards of ASCA and promote the development of the school counseling program based on the following areas of the ASCA National Model: define, deliver, manage and assess

<https://www.schoolcounselor.org/Publications-Research/Research/Impact-of-School-Counseling>.