

Counseling Topics



September:

Trustworthiness & Respect

How to be a Good Friend, Size of the Problem, Conflict Resolution, Acceptance, Classroom Community

October:

Responsibility

Think vs. Speak, Accountability, Bullying Prevention, Red Ribbon Week

November:

Fairness & Caring

Kindness, Gratitude, Forgiveness, Empathy, Sportsmanship

December:

Citizenship

Teamwork, Healthy Choices, Digital Citizenship, Respect, Empathy, Forgiveness

January:

Imagination

Mindfulness, Growth Mindset, Creativity, Coping Skills, Sharing an Imagination, Stress mgmt, Parts of the Brain

February:

Imagination

Self-Esteem, Self-Regulation

March:

Innovation

Inventions & Inventors, Service to Others,, Adaptive Devices, Resiliency

April:

Academics

Study Skills, Learning Styles, Test Anxiety, SMART Goals, Goal Setting

May:

Academics

Career Awareness & Career Exploration, Transitions, Reflection, Graduation

